

Report on Anti-Ragging Week (12/08/2025- 18/08/2025) Celebration held at Vedantaa Institute Of Medical Sciences, Dahanu, Palghar.

The Vedantaa Institute of Medical Sciences observed Anti-Ragging Week from 12th August to 18th August 2025, in accordance with the guidelines of the National Medical Comission and the directives of the Maharashtra University of Health Sciences.

The aim of the initiative was to create awareness among students about the ill effects of ragging and to promote a safe, respectful, healthy and inclusive campus environment.



Two meetings of high-power anti ragging committee meetings are conducted. 1st meeting was conducted on 12/08/2025 and presided by Dr. Harshada Shaha Madam and attended by all the committee members. Various following activities were planned and successfully conducted during the 'Anti Ragging Week Celebration' from 12th Aug 2025 to 18 Aug 2025.

Second meeting was conducted on 18/08/2025 to review the activities carried out during the 'Anti Ragging Week Celebration' and it was chaired by Dr. Daksha Amonkar Madam, Dean, Vedantaa Institute Of Medical Sciences, Dahanu, Palghar.

Future planning to implement strict action plan to curb the menace of ragging and to make VIMS Dahanu campus ragging free. The VIMS administration & management is committed to stop the ragging and will take timely actions.



The Inaugural Ceremony:

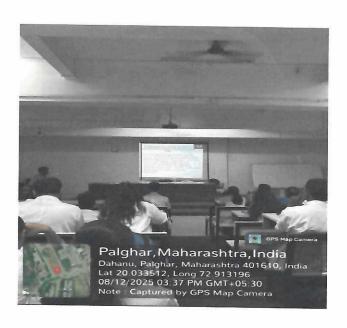
An official inaugural ceremony was initiated to begin the week on 12th August 2025. The event was graced by the presence of our respected Dean, faculty members and fellow students. The Principal and Senior Professors addressed the gathering, emphasising the importance of eradicating ragging and fostering a culture of mutual respect.

Through presentations and speeches, the faculty members expressed their views on the topic and stressed on the importance of a ragging free campus. Also, it was brought to the notice of the students that an array of activities shall be conducted during the celebration of the week so that the pupils can participate actively and contribute their bit towards the building of a safe and sound campus.



The Inaugural Ceremony concluded with a presentation by the esteemed H.O.D of the Department of Community Medicine. He held an educational and interactive session on the topic 'Say NO To Ragging'. The keynote talk by him, followed by the presentation instilled and inculcated in students the feeling to end agony, embrace harmony and build camaraderie and not chaos within the campus.







Vedantaa

Oath Taking and Rangoli Making Competition:

On the following day, awareness sessions were held by faculty members and senior doctors. Conductive interactive sessions, explaining the laws against ragging were organised.

Disciplinary actions and support systems available for students, videos and case studies were shown to sensitize the students about the psychological and legal consequences of ragging. In addition to that, an oath against ragging was administered to all the students.







With zeal and cheers, the celebration of the anti-ragging week continued with the students showcasing their talent in the form of beautiful artistic Rangoli. The students took to different shades and hues of colours and merged and blended them to create beautiful Rangoli upholding the theme of anti-ragging week celebration.



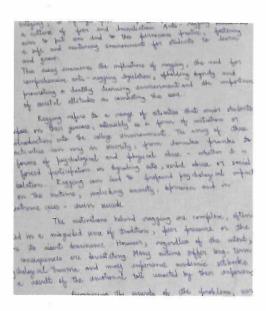


Exhibition of Posters and Essays:

Students also actively participated in creating posters and slogans on the theme 'Say No ToRagging'. The entries reflected creativity and a strong message of zero tolerance towards ragging.

An essay competition was organised on the topic 'Ragging- Zero Tolerance Against It' where students got an opportunity to share their views on strict laws and the counselling methods used to prevent ragging.

An exhibition was held in the premises where in the posters and the essays of the students were displayed so that everybody could get a take home message that ragging in its true essence is a social evil.







Logo Making Competition:

Students were also given a platform to showcase their talent and presented in a precise and picturesque manner in the form of a logo. They had to create logos on the theme 'Ragging - A Social Evil'.









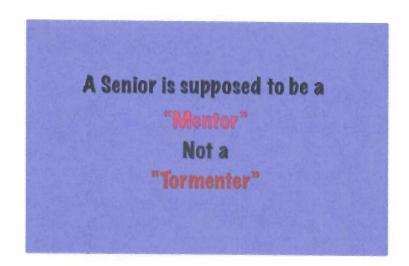






Slogan Writing Competition:

As we headed towards the conclusion of the celebration of the Anti-Ragging week, students came together and prepared catchy, crisp slogans to reach out to the general population, the masses where they could spread the message that ragging doesn't only hamper a person's individuality, but also cripples his family, career, hopes, dreams, and aspirations.



Other notable slogans were as following:

- Say NO to Ragging, YES to Friendship!
- Ragging is a Crime, Not a Tradition.
- Strong Minds Don't Hurt Others—Stop Ragging!
- Your Fun Shouldn't Be Someone Else's Fear.
- Stand Up, Speak Out—End Ragging Now!
- Build Bonds, Not Scars—Ban Ragging.
- Zero Tolerance to Ragging—Together We Can!
- Respect Diversity, Reject Ragging.
- Don't Be a Bully—Be a Buddy!
- Ragging: Shameful, Hurtful, And Unlawful.



Role Plays and Skits:

The students also performed role plays and skits showcasing real life situations related to ragging and how students can take a stand against it.









<u>Valedictory</u> <u>function:</u> The event was concluded on 18th August 2025, with a valedictory programme. The winners of the competition were felicitated and commendation notes and certificates were distributed. The closing remarks, reinforced the institution's strict zero tolerance policy towards ragging.



Conclusion:

The Anti-Ragging week celebration at Vedantaa Institute of Medical Sciences was successful in spreading awareness, engaging students in meaningful activities, and reforming the institute's commitment to providing a safe and supporting learning environment. The active participation of both students and the faculty members made the event memorable and impactful.



Future Action Plan To Curb Ragging:

- 100 percent commitment to Zero Tolerance to Ragging Policy
- Reorganization and restrengthening of Anti Ragging Committee
- Installation of more high-definition security cameras at strategic key locations like mess, hostel and library
- Empowering a high-level anti ragging squad to take rapid actions against any untoward incident.
- Display of Banners & Posters at entrance and at Circle to showcase rules and regulations against Ragging
- Regular Meetings with Juniors and seniors for healthy interaction
- Support group of senior students to mentor the junior students
- Implementation of 'Zero Tolerance Policy towards Ragging'
- Our Motto is Ragging Free campus

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